

PRACTICE SCHEDULE – Nordics/Nordics OPEN



THURSDAY FEBRUARY 6th	CATERGORY	MUSIC	STARTING ORDER	RINK
8.00 – 8.30	Junior Ladies	Short program	1-5	Main Rink
8.30 – 9.00	Junior Ladies	Short program	6-11	Main Rink
9.00-9.30	Junior Ladies	Short program	12-17	Main Rink
9.30-9.45	ICE RESURFACING			Main Rink
9.45-10.15	Junior Ladies	Short program	18-23	Main Rink
10.15-10.45	Junior Men	Short program	1-6	Main Rink
10.45-11.00	ICE RESURFACING			Main Rink
8.00-8.30	Advanced Novice Girls	Short program	1-6	Practice rink
8.30-9.00	Advanced Novice Girls	Short program	7-13	Practice rink
9.00-9.15	ICE RESURFACING			Practice Rink
9.15-9.45	Advanced Novice Girls	Short program	14-20	Practice Rink
9.45 – 10.15	Advanced Novice Boys	Short program	1-4	Practice Rink
10.15-10.45	Advanced Novice Boys	Short program	5-9	Practice Rink

FRIDAY FEBRUARY 7th	CATERGORY	MUSIC	STARTING ORDER	RINK
8.00-8.30	Advanced Novice Boys	Free skating	1-4	Practice Rink
8.30-9.00	Advanced Novice Boys	Free skating	5-9	Practice Rink
9.00-9.30	Advanced Novice Girls	Free skating	1-6	Practice Rink
9.30-9.45	ICE RESURFACING			Practice Rink
9.45-10.15	Advanced Novice Girls	Free skating	7-13	Practice Rink
10.15-10.45	Advanced Novice Girls	Free skating	14-20	Practice Rink
8.00-8.40	Junior Men	Free skating	1-6	Main Rink
8.40-9.20	Junior Ladies	Free Skating	1-5	Main Rink
9.20-10.00	Junior Ladies	Free Skating	6-11	Main Rink
10.00-10.15	ICE RESURFACING			
10.15-10.55	Junior Ladies	Free Skating	12-17	Main Rink
10.55- 11.35	Junior Ladies	Free Skating	18-23	Main Rink

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SATURDAY FEBRUARY 8th	CATERGORY	MUSIC	STARTING ORDER	RINK
10.30-11.00	Senior Ladies	Short program	1-5	Main Rink
11.00-11.30	Senior Ladies	Short program	6-11	Main Rink
11.30-11.45	ICE RESURFACING			Main Rink
10.30-11.00	Senior Men	Short program	1-3	Practice Rink
11.00-11.30	Senior Men	Short program	4-7	Practice Rink
11.30-11.45	ICE RESURFACING			Practice Rink
11.45-12.25	Junior Ladies	Free skating	1-5	Practice Rink
12.25-13.05	Junior Ladies	Free skating	6-11	Practice Rink
13.05-13.20	ICE RESURFACING			
13.20-14.00	Junior Ladies	Free skating	12-17	Practice Rink
14.00-14.40	Junior Ladies	Free skating	18-23	Practice Rink

Sunday FEBRUARY 9th	CATERGORY	MUSIC	STARTING ORDER	RINK
7.30-8.10	Senior Ladies	Free skating	1-5	Practice Rink
8.10-8.50	Senior Ladies	Free skating	6-11	Practice Rink
8.00-8.40	Senior Men	Free skating	1-3	Main Rink
8.40- 9.20	Senior Men	Free skating	4-7	Main Rink